

Winter 2024 After School program- Multi Sport





TenTen Sports Academy's **Multi Sport Program** consists of the following four sports: **Soccer, Floor Hockey**, **basketball and dodgeball.** The sports have been specially selected, allowing for well-rounded sporting exposure, physical development, and loads of fun.

Participants spend two lessons participating in each sport. **The Multi Sport program** helps children with: Improved hand eye coordination, cardiovascular exercise, improved agility, life-long skills, improved concentration, and with self-esteem.

All equipment is provided.

Date: Tuesday January 30 - Tuesday March 19 (no class over March Break, March 12)

Time: 3:10pm-4:10pm (7week program)

Location: Gym

Fee: \$ 219 (includes HST)

Age: jk-sk Students

REGISTRATION

To Register: www.tentenkidssports.com

Click on **Register now**

Click on: West Prep (KG Group)

Complete the online registration and safe online payment

Joel: <u>Joel@tentenkidssports.com</u>.

Register NOW as spaces are limited. We require a minimum of 8 students and a maximum of 16.